PROFESSIONAL INFORMATION FOR MEDICINES FOR HUMAN USE

Menstruation Formula

COMPLEMENTARY MEDICINE

Homeopathic Medicines

This unregistered medicine has not been evaluated by the South African Health Products Regulatory Authority for its quality, safety or intended use.

SCHEDULING STATUS

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1 NAME OF THE MEDICINE

A.VOGEL MENSTRUATION FORMULA (oral drops)
Homeopathic Complex

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 1 ml contains:

Aristolochia clematitis (L.) (Aristolochia)	D30 .....0,14 ml
Cimicifuga racemosa (L.) Nutt. (Cimicifuga)	D6 .....0,14 ml
Cyclamen purpurascens Mill. (*Cyclamen europaeum*)	D6 .....0,14 ml
Hydrastis canadensis L. (*Hydrastis canadensis*)	D6 .....0,14 ml
Lachesis species (*Lachesis muta*) from: *Lachesis melanocephala* Solórzano et Cerdas, *Lachesis stenophrys* Cope, or *Lachesis muta* (L.)	D10 .....0,14 ml
Potentilla erecta (L.) (*Potentilla erecta*)	D1 .....0,14 ml
Pulsatilla pratensis (L.) Mill. (*Pulsatilla pratensis*)	D6 .....0,14 ml

Contains approximately 50 % *v/v* alcohol.
Sugar free.

For full list of excipients, see section 6.1.

3 PHARMACEUTICAL FORM

Clear, orange-brown liquid with an aromatic odour and taste.

4 CLINICAL PARTICULARS

4.1 Therapeutic indications

A.VOGEL MENSTRUATION FORMULA is a homeopathic medicine which assists with the treatment of painful, irregular or heavy periods, abnormal menstrual flow, premenstrual tension and menstrual cycle irregularities.s.

4.2 Posology and method of administration

Posology

Adults and children over 12 years:

For symptomatic relief during the premenstrual stage (luteal phase) and menstrual period:
Take 10 drops hourly in acute cases, reduce dosage to 4 times daily as improvement occurs and discontinue when recovery is complete.
To assist with regulating the menstrual cycle:
Take 10 drops twice daily for 3 menstrual cycles or 90 days.

Special populations

Elderly population:

No dosage adjustment is required for this population.

Paediatric population:

This product is not indicated in patients younger than 12 years.

Method of administration

For oral use only.
Take drops on the tongue, or directly under the tongue, or in a teaspoon of water.

4.3 Contraindications

- A.VOGEL MENSTRUATION FORMULA should not be used in patients who have a hypersensitivity to the active substances or to any of the excipients listed in section 6.1.

4.4 Special warnings and precautions for use

- A.VOGEL MENSTRUATION FORMULA contains alcohol and should be used with caution by individuals with a sensitivity or intolerance to alcohol.
- If symptoms worsen or do not improve after 12 weeks, a healthcare professional should be consulted.

Paediatric population

- A.VOGEL MENSTRUATION FORMULA, (due to its alcohol content) may impact sensitive individuals during daily activities such as learning ability, physical activities, or affect appetite or sleep patterns.

4.5 Interaction with other medicines and other forms of interaction

Not recommended for use in conjunction with contraceptives of hormonal origin (oral contraceptive pill, intrauterine devices, or contraceptive injections).

4.6 Fertility, pregnancy and lactation

Women of childbearing potential/Contraception in males and females

No information available.

Pregnancy

No information available.
Although no specific safety studies on the use of A.VOGEL MENSTRUATION FORMULA in pregnancy have been conducted, the use of A.VOGEL MENSTRUATION FORMULA is not recommended in pregnancy.

Breastfeeding

No information available.
Although no specific safety studies on the use of A.VOGEL MENSTRUATION FORMULA in breastfeeding have been conducted, please consult your doctor, pharmacist or healthcare provider for further advice.

Fertility

Fertility studies have not been performed.
No effect on fertility expected.

4.7 Effects on ability to drive and use machines

A.VOGEL MENSTRUATION FORMULA, (due to its alcohol content) may have an effect on mental and/or physical abilities to perform or execute tasks or activities requiring mental alertness, judgment and/or sound coordination and vision in sensitive individuals.

4.8 Undesirable effects

If symptoms of hypersensitivity occur e.g. rash, urticaria or angioedema of the skin, discontinue use of product, and contact your healthcare professional immediately.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare providers are asked to report any suspected adverse reactions to SAHPRA via the "**6.04 Adverse Drug Reaction Reporting Form**", found online under SAHPRA's publications:
https://www.sahpra.org.za/Publications/Index/8

4.9 Overdose

In overdose, side effects can be precipitated and/or be of increased severity (see section 4.8).
Treatment of overdose should be symptomatic and supportive.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Homeopathy D33.2
Has traditionally been used according to homeopathic principles.

5.2 Pharmacokinetic properties

No information available.

5.3 Preclinical safety data

No information available.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients
Contains approximately 50 % *v/v* alcohol.

6.2 Incompatibilities
Not applicable.

6.3 Shelf life
60 months.

6.4 Special precautions for storage
Store at or below 25 °C.
Protect from light.
Store in the original package/container.

6.5 Nature and contents of container
Packed in an amber type III glass bottle, with plastic dropper (LDPE) and screw cap (HDPE) with tamper evident seal.

Pack size: 30 ml

6.6 Special precautions for disposal of a used medicine or waste materials derived from such medicine and other handling of the product
No special requirements.

7 THE HOLDER OF THE CERTIFICATE OF REGISTRATION
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8 REGISTRATION NUMBER(S)/REFERENCE NUMBER
U 644 (Act 101/1965)

9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION
To be allocated.

10 DATE OF REVISION OF TEXT
November 2021